

BUFC Football Philosophy



Pillars

Culture

*Standard, Behaviour and Personal
Conduct*

*Relationships with
BUFC Staff, Players, Parents & External*

Code Conduct

BUFC Football Approach

BUFC Curriculum

Coach Development

Player Development

Focus on home-grown talent

BUFC Football Philosophy



Why?

The BUFC Club Philosophy provides a framework for great cultural values, and a contemporary approach to player development, coach development and style of play...



BUFC Football Philosophy



Why have cultural values?

*“We want to be more than just a
football club”*





BUFC Football Philosophy

Coaches Expectations

- Safety and well being of the players
- Deliver the appropriate content to the highest standard
- Assist in the development of the players personality, self confidence, motivation, concentration and communication skills
- Instil the highest possible standards to ensure players are pushing themselves beyond their limitations
- Demand good behaviour and personal conduct
- Maintain and display the high standards to behaviour, appearance and lead by example
- Complete the required reports and assessments
- Develop a positive relationship with players and parents
- Working collegiately with other coaches and TD with the club vision as a focus

BUFC Football Philosophy



Parents Expectations

- Contact with Coaches & Coaching Staff
- Communication with Coaches, Coaching Staff & Administrative Staff
- BUFC Parent/Guardian Code of Conduct
- Etiquette
 - - Training(s)
 - - Game(s)
 - - Tournament(s)

BUFC Football Philosophy



Administration

- Team Calendars
- Coaches registration on My Football Club
- Working with vulnerable people certificate
- Training Diary and Coaches Manual
- - 2015
- Coaching workshops.

BUFC Football Philosophy



Why have a curriculum?

- Consistent Player Development
- Consistent Coach Development



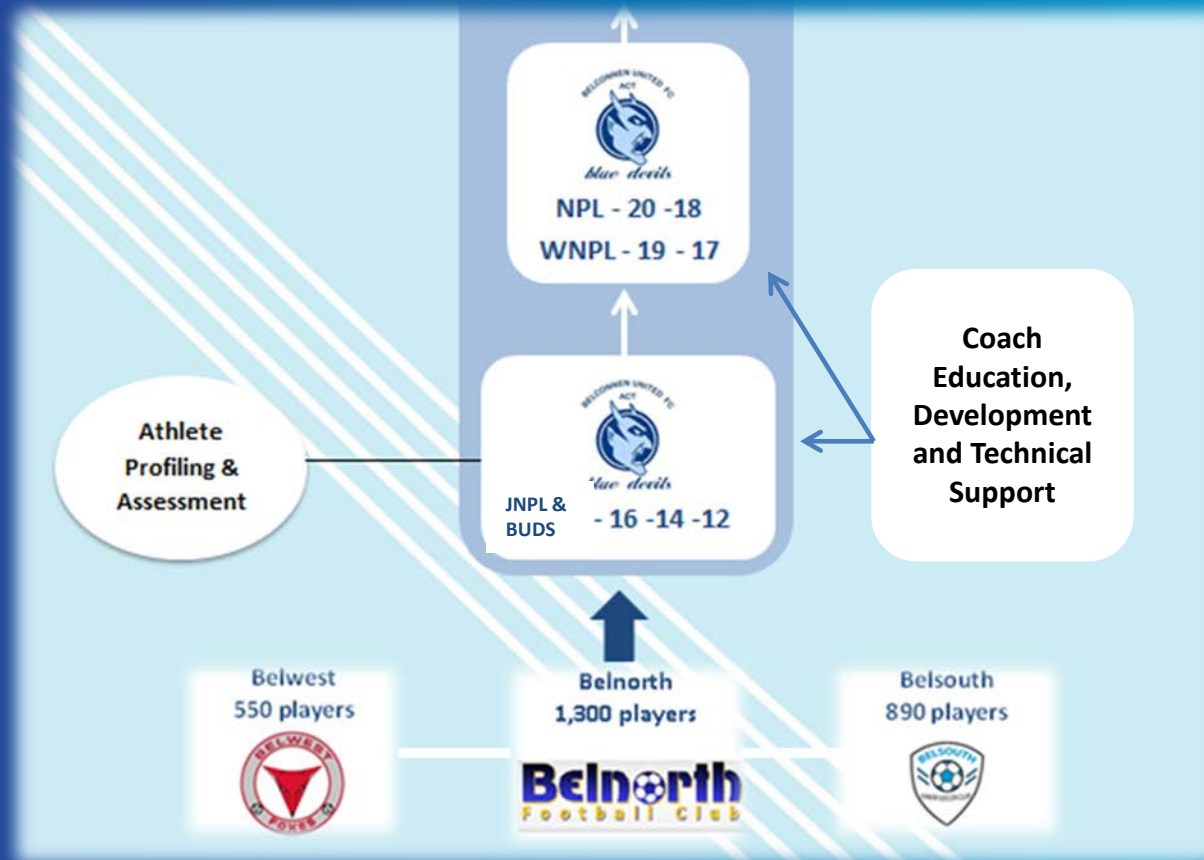
BUFC Football Philosophy

Development Pathway

The success of the BUFC requires the establishment and perseverance of a system that both nurtures homegrown talent and values coaches



Development Pathway



BUFC Football Philosophy



BUFC Football Approach

- Age and program related goals
- Game related approach
- Proactive style of play
- Uniform style of play
- Uniform system of play
- Emphasis technique before tactics
- Guided discovery for players and coaches

BUFC Football Philosophy



Coaches

BUFC coaches will be asked to focus on developing fluid formations that require agile and intelligent players.

NOT 1-4-3-3

BUFC Football Philosophy



Coaches must be able to:

- Analyse football
- Define football moments
- Design and implement session to realise training aim
- Understand “Holistic v Isolated approach”

Preception, Decision making and Execution

VS

Drills - Lines, cones, etc

BUFC Football Philosophy



Age and Program Related Goals



Skill Acquisition Training Program



- Specialized age appropriate coaching
- The BEST with the BEST
- Purposeful practice to ‘automate’ the core skills
- Development over results
- Developing match winning players for Belconnen
- *The “BIG” picture:*

BECOMING A LEADER OF THE GAME IN AUSTRALIA

Skill Acquisition Program (U12PL & BUDS)



Training Program	
Training	2 x /week
Time/Volume	1.5hrs/session
Components	All players should also train once per week with the Skill Acquisition Session, Feeder club and/or play with their School
Other	All players to receive individual performance plans (homework)

Coaching Component Goals
4 CORE SKILLS
POSITIONAL PLAY
MEASURE DEVELOPMENT WITH CORES SKILLS

Game Training Program (14's & 16's PL & BUDS)



Training Program	
Training	2 x /week
Time/Volume	1.25hrs/session
Components	All players should also train once per week with the Skill Acquisition Session, Feeder club and/or play with their School
Other	All players to receive individual performance plans (homework)

Coaching Component Goals
MAIN MOMENTS IN THE GAME
POSITIONAL PLAY
MEASURE DEVELOPMENT WITH MAIN MOMENTS

Game Training Program

Men – (18's 20's & First Team)

Women (17's, 19's and First Team)



Training Program

Training	3 x /week
Time/Volume	1.5hrs/session

Coaching Component Goals

MAIN MOMENTS IN THE GAME

RESULTS